

## *MM Caregiving At Christmas 2023*



### **CAREGIVING HOUSE-CALL**

Rosalynn Carter once wrote:

*“There are only four types of people...  
Those who have been care-givers...  
Those who are now care-givers...  
Those who will need care-giving themselves.”*

**We’ve seen all kinds of doctors in the past three months...  
at least 10 and some more than once...  
specialists in different fields of care.**

**But most care-givers are like daughter Karen  
making a caring house-call  
giving Jean her first haircut and shampoo in four months.**

**Karen’s daughter-in-law Hannah actually assisted Karen  
live from South Pole Station in Antarctica  
proving care-giving transcends separation.**

**Care-giving is a sort of Solstice...  
unnoticed moments turning light into someone’s darkness...  
like bringing a smile to a lady with a broken neck.**

**You don’t have to be a “doctor” of any sort to care...  
caring finds a way to reveal itself...  
brief moments often unknown to caregivers themselves.**

**Each card or call or text or package or attention of any sort...  
is received as a gift of care  
each with its own kind of healing.**

**I must send this out right away...  
blessings to all past caregivers ...  
and to all caregivers on my lists.**

**And a special blessing to those now in care of some sort!**

*Let the lights of Christmas  
shine on us all!*

*For the Moment...*

*Art Morgan, December 21, 2023*